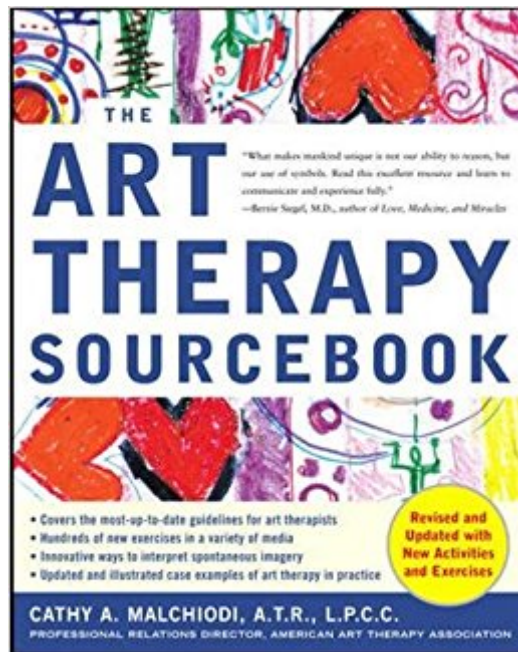


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Art Therapy Sourcebook (Sourcebooks)



Synopsis

"The most accessible and complete art therapy book ever published. It is a great achievement."--Shaun McNiff, author of *Art Is Medicine* and *Trust the Process* "Malchiodi's fascinating book shows how modern art therapy is being employed as a potent health-care intervention."--Larry Dossey, M.D., author of *Prayer Is Good Medicine* and *Healing Words* Newly updated and revised, this authoritative guide shows you how to use art therapy to guide yourself and others on a special path of personal growth, insight, and transformation. Cathy A. Malchiodi, a leading expert in the field, gives you step-by-step instructions for stimulating creativity and interpreting the resulting art pieces. This encouraging and effective method can help you and others recover from pain and become whole again. The *Art Therapy Sourcebook* will help you: Find relief from overwhelming emotions Recover from traumatic losses Reduce their stress levels Discover insights about yourself Experience personal growth

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Cathy A. Malchiodi is a licensed art therapist and clinical counselor. She is the editor of Art Therapy: Journal of the American Art Therapy Association and the author of Breaking the Silence: Art Therapy with Children from Violent Homes.

I was really hoping this would be more of a book with activities. Its very informative but its not what I was looking for.

Great book. Tips and advice also included as well as priceless information and methodologies in art therapy.

This book works for my art therapy class

I was expecting more activities from this book. It has some good basic info, but not a whole lot of activities.

I am a certified life coach, certified Christian Counselor, and a Pastor. This book is a great tool to have, what a great resource.

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